Are you experiencing domestic violence?

Have you been sexually assaulted?

Are you being stalked?

**What You Can Do**

- Find a safe place (a hotel, shelter, friend’s or relative’s home)
- Call 911 for emergency situations
- Contact the National Domestic Violence Hotline or the Crisis Text Line
- Contact DeafSAFE
- Go to a local hospital, be aware that doctors and nurses are required to report assaults
- Call/make report to the police, save evidence (i.e. no showers, no washing your clothes or hands)

**What can I do to support a survivor?**

- Always listen to and believe the survivor
- Ask the survivor how you can help
- Respect the survivor’s choices and boundary needs
- Keep your conversations with the survivor confidential

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What can DeafSAFE do?

- Listen, support you, give you tools for safety and self-sufficiency
- Help you with restraining orders, police reports, and communication access
- Go with you to court and medical appointments

DeafSAFE

4708 Roseville Rd #111
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www.norcalcenter.org/deafsafe
www.facebook.com/deafSAFE

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National Domestic Violence Hotline
855-812-1001 • deafhelp@thehotline.org
DeafHotline (IM) 9am - 5pm PST
Crisis Text Line (available 24/7)
741-741 Text START

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