

Are you experiencing domestic violence?

Have you been sexually assaulted?

Are you being stalked?

What You Can Do



Find a safe place (a hotel, shelter, friend's or relative's home)



Call 911 for emergency situations



Contact the National Domestic Violence Hotline or the Crisis Text Line



Contact DeafSAFE



Go to a local hospital, be aware that doctors and nurses are required to report assaults



Call/make report to the police, save evidence (i.e no showers, no washing your clothes or hands)

What can I do to support a survivor?

- Always listen to and believe the survivor
- Ask the survivor how you can help
- Respect the survivor's choices and boundary needs
- Keep your conversations with the survivor confidential



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What can DeafSAFE do?



Listen, support you, give you tools for safety and selfsufficiency



Help you with restraining orders, police reports, and communication access



Go with you to court and medical appointments

DeafSAFE

4708 Roseville Rd #111 North Highlands, CA 95660

www.norcalcenter.org/deafsafe www.facebook.com/deafSAFE



DeafSAFE

National Domestic Violence Hotline

855-812-1001 • deafhelp@thehotline.org DeafHotline (IM) 9am - 5pm PST Crisis Text Line (available 24/7) 741-741 Text START

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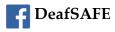


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