

How DeafSAFE can support you

Peer Counseling

Meet with someone who will listen and support you

Hospital/Medical Advocacy

Go with you to hospital or medical office

Legal Advocacy

Help you file restraining order, make police report, and/or go with you to court

Communication Access

Advocate for you to have qualified interpreters for effective and clear communication with medical staff, police, and in court system

Survivor Advocacy

Give you tools to support your safety and independence

General Assistance

Give you resources for other needs such as employment, SSI, education, housing, health care, Victim of Crime (VOC) compensation, immigration

Team Support

Work in a team with police, hospital, social worker, therapist, and/or district attorney (DA) to better serve and support you

NorCal Services for Deaf and Hard of Hearing serves a 24-county region in northeastern California with offices located in Sacramento, Stockton, Modesto, Redding and Yuba City.

For more information about NorCal:
(916) 349-7500 or (916) 993-3048 VP
Website www.norcalcenter.org
Email: info@norcalcenter.org

DeafHope
470 27th Street
Oakland, CA 94612
510-267-8800 TTY/voice

In case of an **emergency**, please use the national

hotline provided for Deaf victims:

9 A.M. - 5 P.M. only:

Videophone: 206-518-9361

AIM: DeafHotline

E-Mail: Deafhelp@thehotline.org

After Hours:

Via VRS: 800-799-7233

TTY: 800-787-3224

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DeafSAFE

NORCAL
SERVICES FOR DEAF & HARD OF HEARING



In Alliance With



4708 Roseville Rd #112

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What is Sexual Assault?

Forced sexual contact without your consent and may include use of threat of force, violence, bodily injury, threat of future harm.

Sexual assault includes:

- ◆ Rape and attempted rape
- ◆ Inappropriate touching
- ◆ Child molestation
- ◆ Any Sex that you say no to
- ◆ Voyeurism (watch private sexual acts)
- ◆ Exhibitionism (expose him/herself in public)

What is Dating Violence?

Pattern of controlling behavior used by dating partner such as a girlfriend or boyfriend that gets worse over time.

Signs of Dating Violence include:

- ◆ Send you threatening (danger) text messages or stalk you on social media sites (such as Facebook)
- ◆ Check your cell phone or email without permission
- ◆ Very jealous or insecure
- ◆ Bad temper
- ◆ Isolate/keep you from family or friends
- ◆ Make false accusations
- ◆ Mood swings

What is Domestic Violence?

Behavior by one person to gain power or control over you in a relationship.

Domestic violence occurs between husband and wife, boyfriend and girlfriend, and same sex partners.

Examples of Domestic Violence:

Physical

- ◆ use a weapon to threaten or hurt you
- ◆ push or hit or kick you

Sexual

- ◆ force you to have sex
- ◆ hurt you with weapon or object during sex

Emotional

- ◆ calls you names or put you down
- ◆ humiliate you in front of other people

Economic

- ◆ controls all money
- ◆ does not let you have money

Psychological

- ◆ Isolate/keep you from other people

What is Stalking?

Behavior directed at you to make you scared.

Some things stalkers do:

- ◆ Follow you and what you do
- ◆ Show up at your home or work uninvited or unannounced
- ◆ Leave unwanted gifts, flowers
- ◆ Send unwanted e-mails, text messages
- ◆ Damage your home or car
- ◆ Use technology such as GPS to track and follow you
- ◆ Drive by or wait at places where you hang out, live or work
- ◆ Threaten to hurt you, your family, friends or pets
- ◆ Post information or spread rumor about you on Facebook

Stalking is serious, often violent, and can escalate over time.

If you are experiencing domestic violence or any of these, it is not your fault.

What Can You Do?

- ◆ Find a safe place (community shelter, friend's or relative's home)
- ◆ Call 911 or hotline
- ◆ Report attack to the police
- ◆ Go to hospital/medical clinic
- ◆ Ask for DeafSAFE Advocate
- ◆ Ask for information and support to make YOUR own choices